

Multiple Chronic Conditions | RESOURCE CENTER

A resource added to the HealthCom Media collection



May 16, 2024

Challenging and Inspiring

BEYOND COMMON FALL PREVENTION PRACTICES



June 20th | 1 PM EST

AMERICAN NURSE



WEBINAR

RESOURCE CENTER



Capturing Clinical Cardiology Updates **Normal Blood Pressure Guideline Differences:**

The 2023 American Academy of Family Physicians (AAFP) updated guideline on the management of hypertension recommends targeted blood pressure (BP) of 135/85. Citing that the evidence from a comprehensive review of the literature showed no difference in mortality or stroke with a lower BP. AAFP's rationale for this change suggests a BP lower than 135/85 may increase patient harm. Since 2017 the American Heart Association and the American Diabetes Association have recommended targeted BP of <130/80.

Aspirin or No Aspirin?

The US Safety Task Force 2022 guidelines and recommendations from the American College of Cardiology and the American Heart Association - daily low-dose aspirin is not recommended as a primary cardiac prevention. Patients without a cardiovascular risk history, prior heart attack, stroke or atrial fibrillation who take daily aspirin precipitate untoward risk for gastric ulceration and cerebral hemorrhage.

Updated 2023 American Geriatric Society Beers criteria for medication prescribing in older adults do not recommend the use of aspirin for primary prevention because of the increased risk for bleeding.



PODCASTS:



(Now Live) PODCAST: *Understanding the Link between diabetes and low testosterone in men*

Dr. Julian L Gallegos PhD, FNP-BC, Clinical Associate Professor,
Director, Doctor of Nursing Practice Program Purdue University

Listen on your favorite platform now: [YouTube](#) | [Apple](#) | [Spotify](#)

UPCOMING PODCASTS:



PODCAST: *Patients and their caregivers/care partners*

Glenna Crooks PhD, Presidential appointee for public health policy in the Reagan administration and Global Vice President of Vaccines with Merck pharmaceutical company. She will focus on patients with MCCs and their caregivers/care Partners



PODCAST: *Multiple chronic conditions, aging, and immunity*

Matthew Sorenson PhD, ANP-BC, FAAN, Texas A&M will discuss the impact on the immune system in patients living with MCCs

What's Your Opinion?

Please take a few minutes to provide your feedback about *Multiple Chronic Conditions*. We want to know what you like and what you'd like to see us do differently.

Tell us what you think!

[Share your feedback](#)



WEBINARS

UPCOMING

- [Challenging and Inspiring: *Beyond* Common Fall Prevention Practices](#)

ON-DEMAND

- [Something's afoot: foot health in nursing and beyond](#)
- [Travel Nursing – How to ensure a good experience](#)
- [Navigating the latest Temperature Management guidelines](#)
- [Safety & Science of Low- and No-Calorie Sweeteners](#)
- [When There Are No More Nurses...](#)
- [Strategies for Reducing Falls in the ED](#)
- [Medication Safety: Protecting Your Patients...and Your Practice](#)
- [Mindful Communication: Leadership and Staff Perspectives](#)
- [Truth or lies: Fighting back against misinformation](#)

VIEW MORE



Healthcom Media
259 Veterans Lane, Suite 201, Doylestown, PA, 18901 US